Rec Connection

Spring / Summer 2022

The Gristmill at Cannonsburgh Village

www.MurfreesboroParks.com
Refund Policy*
- Full refund when canceling at least 2 weeks prior to the activity, event, facility rental, program, other rentals and/or services.
- 50% refund of total fee paid when cancelling or dropping out of the activity, event, facility rental, program, other rentals and/or services less than 2 weeks prior to the activity, event, etc.
- No refund day of or after start of activity, event, facility rental, or other rentals and/or services.
- Prorated fee only for passes to Sports*Com and Patterson Community Center.

*Refund policy does not apply to the Gateway Island rentals or Cannonsburgh Village rentals.

Mistakes Happen...
Occasionally there may be an error in days, times, registration requirements, or fees in this brochure. When such errors do occur, the staff will do everything possible to correct the situation promptly. Check our website for the latest updates and changes: www.murfreesborotn.gov/parks

City of Murfreesboro Access Statement
The City of Murfreesboro does not exclude anyone from participation nor deny the benefits of or otherwise subject to discrimination on the basis of race, national origin, color, age, or disability. Any complaint alleging discrimination may be filed with the City Manager of the City of Murfreesboro.

It is the goal of Murfreesboro Parks and Recreation Department to make its programs and facilities available to the public. If you or someone you know has a disabling condition and would like more information about accessibility of programs or facilities, call the main office of the Murfreesboro Parks and Recreation Department at 615-890-5333 or TDD 615-849-2689.

Any city resident needing financial assistance to participate in any activity may contact the main office of the Murfreesboro Parks and Recreation Department, located at 697 Veterans Parkway, to receive a copy of its financial assistance policy.

Park Rules
Our parks were developed to provide the citizens of Murfreesboro and Rutherford County with wholesome family recreational activities. We encourage your participation and request your cooperation in keeping the park attractive for everyone.
Administration 615-890-5333
Nate Williams, Director - nwilliams@murfreesborotn.gov
Thomas Laird, Assistant Director - tlaird@murfreesborotn.gov
Rachel Singer, Assistant Director - rsinger@murfreesborotn.gov
Monica Donahue, Finance/Personnel - mdonahue@murfreesborotn.gov

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Kyle Goss - kgoss@murfreesborotn.gov
Jacob Stolze - jstolze@murfreesborotn.gov

Aquatics, Patterson 615-893-7439
Carrie Stafford - cstafford@murfreesborotn.gov

Athletics 615-907-2251
Brittany Garrett - bgarrett@murfreesborotn.gov
Michael Philpott - mphilpott@murfreesborotn.gov
Sami Hull - shull@murfreesborotn.gov
John Teichman - jteichman@murfreesborotn.gov

Adams Tennis Complex 615-546-4000
Gary Arb1t, Facility Superintendent - garbit@murfreesborotn.gov
Cayce Neal, Facility Coordinator - cneal@murfreesborotn.gov
Sarah Beckman, Asst. Facility Coord. - sbeckman@murfreesborotn.gov
John Kreis, Tennis Pro - jkreis@murfreesborotn.gov

Bradley Academy 615-962-8773
Vonchelle Stembridge - vstembridge@murfreesborotn.gov

Cannonsburgh Village 615-890-0355
Shelia Hodges - shodges@murfreesborotn.gov

Civic Plaza 615-893-7439 (xt 6130)
Leslie Wright - lwright@murfreesborotn.gov

Cultural Arts 615-642-3148
Susan M. Hicks
Performing Arts 615-893-7439 (xt 6130)
Leslie Wright - lwright@murfreesborotn.gov
Visual Arts 615-801-2467
Lisa Browning - lbrowning@murfreesborotn.gov

Gateway Island 615-893-7439 (xt 6130)
Leslie Wright - lwright@murfreesborotn.gov

Marketing 615-890-0355 (xt 6802)
Melinda Tate - mtate@murfreesborotn.gov

McFadden Community Ctr 615-893-1802
Michael Philpott - mphilpott@murfreesborotn.gov
Tamika Currie - tcurrie@murfreesborotn.gov

Outdoor Murfreesboro 615-663-7044
Natural Resources
Kristin Hopkins - khopkins@murfreesborotn.gov,
Greenway, Natural Areas and Trails
Wilderness Station 615-217-3017
Dawn Thomas - dthomas@murfreesborotn.gov

Patterson Park Community Center and The Washington Theatre 615-893-7439
Gernell Jenkins, Superintendent - gjenkins@murfreesborotn.gov
Derek Blake, Facility Supervisor - dBlake@murfreesborotn.gov
Pierre Lyons, Facility Coordinator - pLyons@murfreesborotn.gov
Lareko Flowers, Asst. Facility Coord. - larekoflowers@murfreesborotn.gov
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Crystal Ellis-McFerrin, Program Coord. - cellis@murfreesborotn.gov
Leslie Wright, Washington Theatre - lwright@murfreesborotn.gov

Richard Siegel Soccer Complex 615-295-0341
JP Powers - jppowers@murfreesborotn.gov

St. Clair Street Senior Center 615-848-2550
Mark Owens, Superintendent - mowens@murfreesborotn.gov

Sports*Com 615-895-5040
Bart Fite, Superintendent - bFite@murfreesborotn.gov
Tommy Gregory, Operations - tGregory@murfreesborotn.gov
Sarah Skinner, Asst. Facility Coord. - sskinner@murfreesborotn.gov
Allison Davidson, Fit/Well - adavidson@murfreesborotn.gov

Youth Development 615-893-1802
Priscilla Murray, pmurray@murfreesborotn.gov

Photography
Jim Davis - jbdavis@murfreesborotn.gov

Parks and Recreation Online
Website: www.murfreesborotn.gov/parks
Facebook: @MurfreesboroParksandRec
Instagram: @boroparksandrec

Contact Us

TO PROVIDE Vibrant Public Spaces and Inclusive Programs, Delivered with Visionary Leadership and Caring Staff That Engage the Individual and Strengthen the Quality of Life of our Community
1. Adams Tennis Complex  
   615-546-4000  
   925 Golf Lane  
   Murfreesboro, TN 37129

2. Barfield Crescent Park  
   615-890-5333  
   697 Veterans Parkway  
   Murfreesboro, TN 37128

3. Bradley Academy Museum and Cultural Center  
   615-962-8773  
   415 S. Academy Street  
   Murfreesboro, TN 37130

4. Cannonsburgh Village  
   615-890-0355  
   312 S. Front Street  
   Murfreesboro, TN 37129

5. Civic Plaza  
   615-890-5333  
   111 W. Vine Street  
   Murfreesboro, TN 37130

6. Gateway Island and Trail  
   615-642-1103  
   1875 West College Street  
   Murfreesboro, TN 37129

7. McFadden Community Center  
   615-893-1802  
   211 Bridge Avenue  
   Murfreesboro, TN 37129

8. McKnight Park  
   Sports*Com  
   Boro Beach  
   615-895-5040  
   120 DeJarnette Lane  
   Murfreesboro, TN 37129

9. Murfree Spring Wetlands  
   615-890-5333  
   502 SE Broad Street  
   Murfreesboro, TN 37130

10. Oaklands Park  
    615-890-5333  
    427 Roberts Street  
    Murfreesboro, TN 37130

11. Old Fort Park / Kids’ Castle  
    615-890-5333  
    1024 Golf Lane  
    Murfreesboro, TN 37129

12. Patterson Park  
    615-893-7439  
    521 Dr. Martin Luther King Jr. Blvd.  
    Murfreesboro, TN 37130

13. Richard Siegel Soccer Complex  
    615-890-5333  
    515 Cherry Lane  
    Murfreesboro, TN 37129

14. Rogers Park  
    615-890-5333  
    1115 Hunt Street  
    Murfreesboro, TN 37130

15. St. Clair Street Senior Center  
    615-848-2550  
    325 St. Clair Street  
    Murfreesboro, TN 37130

16. Wilderness Station  
    615-217-3017  
    697 Veterans Pkwy.  
    Murfreesboro, TN 37128
Patterson Park Community Center

521 Dr. Martin Luther King Jr. Blvd.
Murfreesboro 37130
615-893-7439

Hours
Monday - Friday 6 a.m. - 9 p.m.
Saturday 8 a.m. - 5 p.m.
Sunday 1 p.m. - 5 p.m.

Amenities
• Park
• Playground
• Restrooms
• Picnic shelters
• Outdoor pickleball court
• Community Center (110,600 sq. ft.)
  - 2 gymnasiums
  - The Washington Theatre
  - Library
  - 1/8 mile indoor track
  - Weight room
  - Aerobics studio
  - Indoor water park
  - Game room
  - Conference center
  - Large kitchen and dining room
  - Pool and meeting room rentals
  - Fitness and wellness center
  - Basketball
  - Outdoor walking/jogging trail
  - Racquetball

Facility Passes
Patterson Park Community Center and Sports*Com

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<th></th>
<th>Daily</th>
<th>30 Visits</th>
<th>Monthly</th>
<th>Yearly</th>
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<td>$4</td>
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<td>$35</td>
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Sports*Com Facility Pass includes admission to both Sports*Com and Patterson Park Community Center, including aerobic classes, water exercise classes, indoor pool, gym, track and weight room. It does not include fee-based classes.

Boro Beach (Sports*Com outdoor pool) requires a separate pass for admission.

For information on the financial assistance policy and facility rental fees, please call the Murfreesboro Parks and Recreation office at 615-890-5333.

30 Visits = 30 daily visits over a 1-year period from date of issue
Monthly = Unlimited daily visits for 30 days from date of issue
Yearly = Twelve months from date of issue

Family Pass = The household yearly pass includes admission to Sports*Com and Patterson Park Community Center. Household passes are designed for parents, or parent, with dependent children 17 years or younger (22 years or younger if full-time student).
McFadden Community Center

211 Bridge Avenue
Murfreesboro 37129
615-893-1802

Hours
Monday - Friday  9 a.m. - 8 p.m.

Features
• Gymnasium
• Outdoor playground on 3-acre campus
• Community room
• 2 meeting rooms
• Outdoor pavilion
• Game room
• Pickleball court
• Athletic offices

Rentals
Call 615-893-1802 for pricing and info.

The McFadden Community Center:
  Sunday - Saturday

Gymnasium:  Saturdays and Sundays only
925 Golf Lane
Murfreesboro 37129
615-546-4000

Hours
Spring/Summer (May-Sept)
Monday - Thursday  8 a.m. - 9 p.m.
Friday           8 a.m. - 9 p.m.
Saturday         8 a.m. - 9 p.m.
Sunday          11 a.m. - 5 p.m.

Fall/Winter (Oct-Apr)
Monday - Thursday  8 a.m. - 10 p.m.
Friday           8 a.m. - 9 p.m.
Saturday         8 a.m. - 6 p.m.
Sunday          11 a.m. - 6 p.m.

Features
Indoor Courts
• 8 color-coated indoor courts
• Climate controlled
• 2 electronic scoreboards
• Pro shop
• Exercise equipment
• Mezzanine overlooks all courts for premium spectator viewing
• Elevator access
• Locker rooms
• Ball machines

Outdoor Courts
• 24 outdoor courts (16 are lighted)
• Shaded bleachers
• Restrooms
• First come, first served - No fee
Bradley Academy was built in 1806 as the first school for education of white males only. In 1884, African American students, both males and females, were allowed to attend school. The current structure was built in 1917 and opened as the new school for African American students in 1918. Today, Bradley Academy Museum and Cultural Center houses an original classroom, the “250 Years of Experience” exhibit, an Early Settlers of Murfreesboro and Rutherford County exhibit, and the Bradley/Holloway Educational exhibit.

Rentals
Available 7 days/week
Auditorium - seats 100
Boardroom - seats 30
The original name of Murfreesboro, Cannonsburgh Village welcomes visitors to a southern-style village, circa 1800-1925. Displays include early American trades, museums, period homes, a large collection of tractors and farm implements, visitor center and time-period gifts.

Check the website for a calendar of events and programs.
The St. Clair Street Senior Center provides a warm, caring place where those over the age of 60 can come together with other adults for services and activities that reflect shared experiences and skills, support one’s needs and interests, broaden independence and maintain one’s involvement in the community.

**Hours**
- Monday - Friday: 6 a.m. - 7 p.m.
- Saturday: 8 a.m. - 5 p.m.
- Sunday: 1 p.m. - 5 p.m.

**Amenities and Activities**
- Large dining hall and kitchen
- Day excursions and extended trips
- Fitness Activities
- Health Screenings
- Volunteer Opportunities
- Support Groups
- Nutrition Programs
- Educational Classes
  - Crafts
  - Computer
  - Dances
  - Languages

Scan with smart phone camera to go to the St. Clair webpage to view the calendar of events and programs.
Barfield Crescent Park

697 Veterans Parkway
Murfreesboro 37129
615-890-5333

Features
• Administrative Office of the Murfreesboro Parks and Recreation Department
• 8-field baseball/softball complex
  - Parking for 600 vehicles
  - Lighted fields
  - 2 Concession Stands
  - Scoreboards and Scorekeeper Areas
• Over 7 miles of both paved and unpaved hiking and walking trails
• 10 Picnic Shelters
  - (4) with seating for 24
  - (1) with seating for 76
  - (4) with seating for 108
  - (1) with seating for 315+
• 18-hole Championship Disc Golf Course
• Mountain Bike trails
• Wilderness Station (see page 23)
  - (2) Educational Classrooms
  - Outdoor Classroom
  - Nature Exhibit
  - Snack/Gift Shop
  - Restrooms
• (12) Private Campsites
• (1) Group Campsite
• Playgrounds
• Volleyball Courts
• Tetherball
• Horseshoe Pit

Rentals
Pavilion rentals are available; call 615-890-5333 for information.
111 W. Vine Street
Murfreesboro 37130
615-893-7439 (ext 6130)

**Civic Plaza Hours**
7 Days / Week
Sunrise to 1/2 hour before dusk

**City Hall Rotunda Hours**
Monday - Friday 8 a.m. - 4:30 p.m.

This park is located at the front entrance of the City of Murfreesboro City Hall. It houses a large open space brick area with amphitheater seating that will accommodate up to 400 persons. The area also has a water feature, shaded walking path and gazebo. The open brick area and amphitheatre are available for rent.

City Hall Rotunda hosts six art exhibits per year. See page 31.

**Rentals**
Call 615-893-7439 (ext 6130) for information.

Civic Plaza Webpage

[QR Code Image]
Parking: 1875 W College Street
Murfreesboro 37129
615-893-7439 (ext 6130)

Hours
Sunrise to 1/2 hour before dusk

Features
• Located in the Gateway Business and Medical District
• Reception center with small catering kitchen.
• Lighted Greenway trail
• Pond
• Waterfall
• Gazebo
• Picnic Tables
• Restrooms accessible to the public during park hours

Rentals
Call 615-893-7439, extension 6130 for rental information.

Website
15
McKnight Park
120 DeJarnette Lane
Murfreesboro 37129
615-890-5333

Features
• Sports*Com
• (4) Youth Softball Fields
  - Concession Stand
  - Restrooms
  - Home of the Stones River Kiwanis Girls Softball Program
• Star*Plex
  - 5-field youth/adult baseball/softball complex
  - Concession Stand
  - Restrooms
  - Home of the Optimist Little League Baseball Program
• (8) Youth/Adult Soccer/Football Fields
  - Picnic Shelter
  - Concession Stand
  - Restrooms
• Miracle Field - (2) Youth Ball Fields
• Picnic Shelter next to Sports*Com
• Walking Trails (Indoor and Outdoor)
• Volleyball Courts
• Indoor Pool
• Boro Beach Outdoor Pool

Rentals
• Pavilion: 615-890-5333
  - Picnic Shelter seats 80 (April - Oct)

• Sports*Com: 615-895-5040
  - Gymnasium
  - Group Exercise Rooms
  - Meeting Rooms
  - Indoor Pool
  - Party Room
  - Boro Beach Outdoor Pool

• Ballfields: 615-907-2251

Website
Miracle Field and Playground
Home of the Miracle League

Youth Softball Fields

Star*Plex
Murfree Spring Wetlands

502 SE Broad Street
Murfreesboro 37130
615-890-5333

Hours
Sunrise to ½ hour before dusk

Features
• Free parking
• Restrooms
• Paved paths
• Playground
• Interpretive signage
• Raised boardwalk
• Amphitheater
• Water garden
• Adjacent to the Discovery Center
• Urban wildlife sanctuary

History
Murfree Spring and Sand Spring, also part of Murfree Spring Wetland, have undergone many changes since the founding of Murfreesboro in 1817. The site has held a water treatment plant, an ice house, and a Coca Cola bottling plant. It’s been used for water for town and for the railroad and as a swimming hole. The bluff at Sand Spring was quarried out and the rock was used for the foundations of the city’s early buildings. Finally, the site was acquired by Murfreesboro in 2000 and is now a protected wetland.

Wetlands Education
See Outdoor Murfreesboro calendar for upcoming programs and events.

Protection and Restoration Projects
• Trash-Catchers
• Tree Planting
• Shoreline Habitat Restoration

Website

17
Oaklands Park and Arboretum

205 Plum Creek
Murfreesboro 37130
615-890-5333

Features
• 31-acre Neighborhood Park surrounding Oaklands Mansion, a historic site operated by Oaklands Association
• Large Picnic Shelter
• Nature Trail
• Arboretum
• Playground
• Wetlands
• Free Parking

Pavilion Rentals
Call 615-890-5333. Pavilion may be booked 2 months in advance only.
- Restrooms
- Fireplace

Website
and Arboretum
Tree List

Springhouse
Gazebo
Pavilion
Old Fort Park

1024 Golf Lane
Murfreesboro 37129
615-890-5333

Features
• 50-acre community park
• Picnic shelter with restrooms
• Kids’ Castle Playground
• Adams Tennis Complex
  - (8) Indoor tennis courts
  - (24) Outdoor tennis courts
• Greenway trailhead
• Free parking
• Open green space
• Spring Branch Restoration and Demonstration Area (Storm Water)

Rentals
Call 615-890-5333

Picnic Shelter - (April - October)
- Seats Approximately 120
- Restroom open year-round

Website

Picnic Shelter Rental
Available to rent
April - October

Kids’ Castle Playground

Adams Tennis Complex
See page 9
Richard Siegel Soccer Complex

515 Cherry Lane
Murfreesboro 37129
615-295-0341

Features
- (7) Lighted turf regulation fields
- 90,000 Sq. ft. indoor facility with regulation turf field
- (10) Lighted natural grass fields
- (2) Unlit natural grass fields
- (5) Pavilions
- (2) Concession buildings
- (2) Meeting rooms
- (2) Sand volleyball courts
- Basketball courts
- Horseshoe pits
- Cross-country trail
- (3) Walking trails
- (2) Playgrounds

Rentals
- Shelter A (April - October)
  - Seats approximately 75
  - Available for rent 7 days/week
- (2) small shelters are free to use, first-come, first-served
  - Shelter B  Seats approximately 30
  - Shelter C  Seats approximately 30
Rogers Park  |  Gladys Blanton Park  |  Bark Parks

Rogers Park
1115 Hunt Street
Murfreesboro, TN 37130

Hours
8 a.m. to 1/2 hour before dusk.

Features
• 7.5 acres
• Picnic shelter with restrooms and picnic tables
• Octagon-shaped picnic shelter with tables
• (2) tennis courts
• (2) basketball courts
• Walking/jogging track
• Playground
• Multipurpose Athletics Field

Rentals
Shelters are available daily for rentals, April-October, with restrooms available.
Shelter No. 1  Seats Approx. 80
Shelter No. 2  Seats Approx. 45
Call 615-890-5333.

Gladys Blanton Park
111 February Street
Murfreesboro, TN 37129

Hours
Sunrise to 1/2 hour before dusk.

Features
• 1.4 acres
• Arbors with benches
• Walking path
• (2) Play features
• Swing set

Bark Parks

General Bragg Trailhead
1540 West College Street

Cason Trailhead
1100 Cason Trail

Hours
Sunrise to 1/2 hour before dusk.

Scan for Bark Park rules and more information

Agility Equipment at the Bragg Bark Park
Wilderness Station

697 Veterans Parkway
Murfreesboro 37128
615-217-3017

Located in Barfield Crescent Park, the Wilderness Station is the city’s unique outdoor education and adventure facility.

Hours
September 13 - Oct 31
- Sunday: 12 p.m. - 6 p.m.
- Monday: 9 a.m. - 12 p.m.
- Tuesday - Thursday: 9 a.m. - 5 p.m.
- Friday & Saturday: 9 a.m. - 7 p.m.

November 1 - March 6
- Sunday: 12 p.m. - 5 p.m.
- Monday: 9 a.m. - 12 p.m.
- Tuesday - Saturday: 9 a.m. - 5 p.m.

Features
- (2) Educational classrooms
- Outdoor camping supplies
- Snack/gift shop
- Education animals
- Restrooms
- (5) Miles of rough, rocky and hilly backcountry trails
- A popular fishing and wading area can be accessed near the river overlook trail. The Marshall Knobs trail loop runs below the overlook along the bank of the West Fork of the Stones River.
- Primitive Backcountry Group Campground:
  - Hiking/Walking Access Only.
  - Paved Accessible Trail leads to the Campground and River Overlook.
  - No showers, drinking water or electricity
  - Restroom at campground: (1) flushable toilet

Programs
- Free educational backpacks to check out
- Scouts and School groups
- Youth and Family
- Adult Classes
- Homeschool
- Adventure
- Hiking
- Special events

Rentals
Call 615-217-3017
Retreat Room
Seats Approximately 75
Perfect for birthday parties, family reunions, and other special occasions. Ask us about our children’s themed birthday programs (Saturdays only).
# Murfreesboro Greenway System

The Murfreesboro Greenway System consists of the Stones River, Lytle Creek and Gateway trails. The greenways are available for you to enjoy nature hikes, walking, running, bicycling, or in-line skating along the 15 miles of mostly riverside trails. Small watercraft access points are also available for paddlers to enjoy the Stones River. The Murfreesboro Greenway System connects historical sites, parks, neighborhoods and businesses; it also serves as a conservation corridor to preserve precious natural and cultural resources. Sixteen trailheads provide access to the Murfreesboro Greenway System.

## 1. Thompson Lane Trailhead
**2240 N. Thompson Lane**
This trailhead provides access to the historic McFadden Farm property. This was the site of one of the bloodiest engagements in the Battle of Stones River. A 60-car parking area at this northern terminus of the Murfreesboro Greenway System allows users to enter the 12-foot wide asphalt trail for walking, jogging, in-line skating, and bicycling. Access for small watercraft is available at this location.

## 2. Broad Street Trailhead
**1921 N.W. Broad St.**
This trailhead, located at the 84 Lumber Company, is an eight-car parking lot providing entry to the greenway. This trailhead provides a water fountain and wayside exhibit. As you travel to the west, there is a wooden overlook that provides a good view of the river.

## 3. General Bragg Trailhead
**1450 W. College Street**
Some of the amenities are: a trailhead for the Stones River Greenway, picnic shelter, playground and a dog park. Restrooms are available at the shelter.
1 Picnic Shelter Seats Approx. 45

## 4. Gateway Street Trailhead
**1902 W. College St.**
*Gateway Island Reservations: 615-890-5333*
Adjacent to the General Bragg Trailhead, the College Street Trailhead provides connection and access to the two-mile Gateway Trail and Island. The Island is home to a reception center and gazebo, perfect for weddings and other special events.

## 5. Redoubt Brannan Trailhead
**1300 W. College St.**
This trailhead contains 19 parking spaces. Across the street are the remains of an earthen Civil War fortification (Redoubt Brannan) that was part of the larger Fortress Rosecrans. Redoubt Brannan was used by Union troops to guard the Old Nashville Pike and L&N Railroad.

## 6. Manson Pike Trailhead
**1208 Searcy St.**
This trailhead offers parking for 15 cars. Also, a boat ramp for small craft and a water fountain are available at this site. A short walk gives the visitor a view of the dam at Ransom’s Mill.

## 7. Overall Street Trailhead
**410 Overall St.**
This small trailhead has parking for 11 cars. This places you on the Lytle Creek portion of the Murfreesboro Greenway System.

## 8. Cannonsburgh Village Trailhead
**312 S. Front St.**
This southernmost trailhead is adjacent to the restored village of Cannonsburgh and is the beginning of the Lytle Creek Trail, which passes through the most urban portion of the greenway.

## 9. Fortress Rosecrans Trailhead
**1916 Golf Lane**
This historic trailhead is located just off Golf Lane inside Old Fort Park. As a supply depot, it played an important role in the Union army’s advance to Chattanooga. Fortress Rosecrans was abandoned in April 1866.

## 10. Old Fort Trailhead
**916 Golf Lane**
*Shelter Reservations: 615-890-5333*
Located in Old Fort Park, this trailhead is between Kids’ Castle playground and the tennis courts. The shelter provides picnic tables and restrooms.

## 11. Cason Trailhead
**1100 Cason Trail**
*Shelter Reservations: 615-890-5333*
This addition to the Murfreesboro Greenway System follows the West Fork of the Stones River with scenic overlooks, an impressive bridge crossing, and more access to the beautiful natural settings within Murfreesboro. The trailhead is also home to the Cason Bark Park.

## 12. Barfield Road Trailhead
**2133 Barfield Rd.**
This trailhead, situated about 1.5 miles from Veterans Parkway, offers limited parking yet full access to the beautiful West Fork Stones River and the wildlife that call it home.

## 13. Southridge Boulevard Trailhead
**3201 Southridge Blvd.**
Just across the river from the Barfield Road Trailhead, the Southridge Trailhead offers ample parking with scenic bridge access and plenty of wildlife viewing.

## 14. Barfield Crescent Park Trailhead
**697 Veterans Pkwy.**
The southernmost end of the Stones River Greenway system is located within Barfield Crescent Park. The park features plenty of parking, pavilions, playgrounds, ball fields and access to the back-country trails and Wilderness Station. This trailhead ends the 10.5 mile journey from Thompson Lane.

## 15. North Murfreesboro Greenway
The Central Valley Trailhead, located approximately one-mile from Hwy 231, boasts extended parking spaces suitable for equestrian trailers. The 1.34 mile trail features two overlooks, a switchback (“s” curve) hill and a tree-top canopy offering shade.

The Walter Hill Trailhead is located a 1/2 mile south of Jefferson Pike on Hwy 231. This trailhead offers parking, picnic tables, and a scenic view of the Walter Hill Dam.
Special Events

**Pioneer Days**
April 23
10 a.m. - 4 p.m.
Cannonsburgh Village
Free Attendance

**Underwater Egg Hunt and Festival**
April 9
10 a.m. - 3 p.m.
Patterson Park
Community Center
*Online Registration begins March 14*

**Conservation Days**
April 22-23
Wilderness Station

**Barfield Beach Party**
May 13
Barfield Crescent Park
Free Attendance

*Special Event Details on Website*
Special Events

**World Turtle Day**
May 21
3-5 p.m.
Wilderness Station

**Juneteenth**
June 16 - Authors Night
5:30 - 7:30 p.m.
June 17 - Youth Night
4 - 7 p.m.
June 18 - Juneteenth Celebration
10 - 4 p.m.
Bradley Academy
Museum & Cultural Center
Free Attendance

**Boat Day with SRWA**
June 25
Manson Trailhead
Free Attendance

**Splash Out!**
June 16 Siegel Park
July 7 Barfield Crescent Park
July 21 Old Fort Park
Free Attendance

**Celebration Under the Stars**
July 4
Presented by
Middle Tennessee Electric
**League Contacts**

**Murfreesboro Baseball Association**  
Plays at Barfield Crescent Park  
www.murfreesborobaseball.com  
registration@murfreesborobaseball.com

**Murfreesboro Little League**  
Plays at Star*Plex in McKnight Park  
https://clubs.bluesombrero.com/murfreesborolltn

**Stones River Kiwanis - Girls Softball**  
Plays at McKnight Park Ball Complex  
www.murfreesborosoftball.com  
maggie.ingle09@yahoo.com

**Miracle League**  
miracleleague@murfreesborotn.gov

**Murfreesboro Soccer Club**  
www.murfreesborosoccer.com  
admin@murfreesborosoccer.com

**Murfreesboro Lacrosse League**  
www.murfreesborolacrosse.com

**Murfreesboro Pickleball League**  
lmidgett992@gmail.com  
Phone: 615-210-6176

Visit the Athletics page at MurfreesboroParks.com for information on our youth and adult athletic leagues.
Shallow H2O Exercise
A moderate-to-high cardio workout, abdominals and muscle conditioning in the shallow end of the indoor pool.

Gentle Joints
A perfect class for those requiring impact-free exercise while increasing strength and balance. Work through a full range of motion for flexibility benefits. Great for those with limitations such as arthritis, orthopedic problems, fibromyalgia, and for beginning exercisers. Takes place in the shallow end of the indoor pool.

Deep H2O Exercise
Knowledge of swimming is not required. Using hip flotation belts, this great workout develops aerobic endurance and muscle conditioning. Perfect for those with impact limitations!

Water Polo
Looking for a unique way to get an intense workout? This activity is designed for swimmers who are comfortable in the deep end of the pool. If you have never played before, we will gladly go over it all with you to let you learn at your own pace.
Ages 17+

Water Aerobics 1 - Cardio
This class targets everyone with an action-packed workout for the abdominal and gluteus areas. Progressive water exercises are programmed to strengthen, define, and tone!

Water Aerobics 2 - Sculpt & Tone
This is an arthritis-based water exercise class offering an impact-free method of exercise for affected joints and muscle groups requiring that special touch. Cardio work is not omitted from this class, making it perfect for the beginner or a back-to-fitness exerciser.

American Red Cross Lifeguard Class
Learn skills and knowledge to prevent and respond to aquatic emergencies. Prerequisites include a 300-yard swim and 20-yard brick retrieval. Upon course completion, candidates will be certified in Lifeguarding & First Aid, CPR/AED for the professional rescuer & Oxygen Administration.

American Red Cross Lifeguard Instructor Class
Become certified to teach the American Red Cross Lifeguard Courses! Participants must be currently certified as an American Red Cross Lifeguard and be at least 17 years old.

Scan for most current aquatics programs, events and pool hours.
MurfreesboroParks.com
Perform Murfreesboro
Perform Murfreesboro commits to being a positive influence in the education of Theatrical Arts by providing professional quality theatre programming for children. PERFORM MURFREESBORO BELIEVES: Theatre Education helps children gain confidence in themselves in the areas of public speaking, music appreciation, dance, creative thinking, problem solving, team and leadership skills, and more. Our practice is to put more emphasis on the process rather than the final product. We believe that by focusing on a quality process, we naturally produce a quality production that will provide entertainment for the community.

Perform Murfreesboro Membership
Perform Murfreesboro Members gain access to a wide variety of programming at no extra cost to them after a $25.00 membership fee. The membership lasts for one fiscal year (July 2021-June 2022) and comes with many perks. Members are given a gift with the Perform Murfreesboro logo on it, and can sell tickets (not required) at a discounted price to Perform Murfreesboro Productions they are involved in. Members of Perform Murfreesboro enter a unique community of artistic individuals and build confidence together while experiencing the arts.

Age: 6-17
Fee: $25
Location: The Washington Theatre at Patterson Park Community Center
Register: Patterson Park, Sports*Com, or Parks and Recreation Main Office at Barfield Crescent Park
Contact: Leslie Wright, 615-893-7439, ext. 6130 lwright@murfreesborotn.gov

2021 - 22 Season

Annie, Jr.
Auditions Sept 14 & 15
Ages 8-18
Performances: Nov 18-21

Junie B. Jones, Jr.
Auditions January 5 & 7
Ages 12-18
Performances: March 4-6

Matilda, Jr.
Auditions March 7 & 9
Ages 10-18
Performances: May 12-15

Like us on Facebook:
Facebook.com/culturalartsmurfreesboro
See our Facebook page for photos of our Perform Murfreesboro Productions, dates and times of programs, and to comment on and share our posts!

Like us on Instagram:
@CulturalArtsMurfreesboro
@TheWashingtonTheatreTN

Cast of “Frozen”
Promoting Arts in our community:
• Laureate Program
• Visual Arts Programs
• Art Exhibits in the City Hall Rotunda (see page 14)
• Annual Greenway Art Festival
Family Programs
Animal Encounters
Night Hikes
Wild Things
Nature Play
Birthday Parties
Nature-themed special events

Adventure Recreation
Kayaking & Canoeing
Backpacking/Hiking Trips
Mountain Biking
Overnight Camping

Live Animal Programs
Raptor programs, herpetology and mammal programs

Summer Camps
Adventure Camp
Explorers Camp
Kayak Club
Wildlife Camp
Zoologist Camp

School and Scout Programs
Curriculum covered school programs
Homeschool programs
Customized science programs for K-12 designed to meet Tennessee state standards and scout badge requirements

Environmental Education
Headquartered at the Wilderness Station at Barfield Crescent Park, the Outdoor Murfreesboro staff delivers programs for all ages. Situated on approximately 230 acres of natural habitat, Outdoor Murfreesboro offers nature-themed programs and adventure recreation opportunities. Custom programs are available for school, homeschool and scout groups. Advanced natural history programs are available for older students and adults. Call 615-217-3017 for more information.

Website
Natural Resources
The Outdoor Murfreesboro Natural Resource team manages approximately 900 acres of natural space within the city’s parks. This team works to:
• restore native habitats
• promote biodiversity
• provide resources for home habitat improvement
• encourage individual action through outreach, stewardship, and volunteer engagement.

Murfreesboro Indigenous Plant Project (MIPP)
MIPP promotes the conservation, preservation, and landscape use of native plants of Rutherford County and the Inner Central Basin of Middle Tennessee.

GOALS:
Provide locally-sourced native plant material for natural area/wildlife habitat restoration in Murfreesboro:
• To responsibly collect desirable plants and seeds from local native plant populations.
• To propagate, grow, and maintain a supply of native plant species.

Provide desirable native plants and seeds for:
• Murfreesboro Parks & Rec natural area restoration projects and select landscaping projects.
• Other Murfreesboro City Department sites for select plantings.
• City and neighboring residents for home landscape use.

Volunteer with us!
The Natural Resources team works with compassionate community members who feel the responsibility of caring for our shared planet. Join us in our efforts to make Murfreesboro’s environment a healthy and vibrant place for all living beings now and in the future.
**Summer Camps**

**REGISTRATION BEGINS**  
8 a.m.  
**MARCH 1, 2022**

### REGISTER ONLINE

You must have a Parks & Recreation account number prior to registering online.

Call 615-890-5333 or email recreation@murfreesborotn.gov to obtain your account number. Allow 2 working days.

### REGISTER IN PERSON

**Sports*Com**  
Patterson Park Community Center  
Parks and Recreation Administrative Office

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**For information on each camp, visit murfreesboroparks.com**

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<td>Kayak Club*</td>
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<td>*8 a.m. start time Wed / Thurs / Fri</td>
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<td>Cheer Camp</td>
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<td>Guard Start Camp</td>
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<td>*Drop off: 8-9am</td>
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<td>Sports Camp</td>
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<td>*Drop off: 8-9am Pick up: 4-5pm</td>
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<td>Tennis Camp</td>
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<td>Times and rates vary based on age and number of camp days</td>
<td>*4-day tennis camps</td>
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<td>Volleyball Camp</td>
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<td>*Drop off: 8-9am Pick up: 4-5pm</td>
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<td>History Through the Arts Camp</td>
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<td>*4-day camp: Tues-Fri</td>
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<td>Pioneer Camp</td>
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<td>Sewing Camp</td>
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<tr>
<td>&quot;Show Week&quot; Theatre Intensive Camp</td>
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<td>Theatre Showcase Intensive Camp</td>
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<td>Ultimate Babysitters' Club</td>
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### Patterson Park Community Center

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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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<tbody>
<tr>
<td>Metabolic Burn 8:15 - 9:15 a.m.</td>
<td>Yoga 8:30-9:30 a.m.</td>
<td>Metabolic Burn 8:15-9:15 a.m.</td>
<td>Yoga 8:30-9:30 a.m.</td>
<td>Metabolic Burn 8:15-9:15 a.m.</td>
<td>Saturday Surprise 9:00-10:00 a.m.</td>
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<tr>
<td>AM Boot Camp 8:15 - 9:15 a.m.</td>
<td>AM Boot Camp 8:15 - 9:15 a.m.</td>
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<tr>
<td>Forever Fit 9:35 - 10:35 a.m.</td>
<td>Zumba® 9:35 - 10:35 a.m.</td>
<td>Forever Fit 9:35 - 10:35 a.m.</td>
<td>Zumba® 9:35 - 10:35 a.m.</td>
<td>Forever Fit 9:35 - 10:35 a.m.</td>
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<tr>
<td>Sit &amp; Get Fit 10:45-11:45 a.m.</td>
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<tr>
<td>Yoga 4:30-5:30 p.m.</td>
<td>“Dirty 30” 4:30-5:30 p.m.</td>
<td>Burn 2.0 4:30-5:30 p.m.</td>
<td>“Dirty 30” 4:30-5:30 p.m.</td>
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<tr>
<td>Step-N-Sculpt 5:35-6:35 p.m.</td>
<td>Thrash &amp; Bash 5:35-6:35 p.m.</td>
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<td>Deka-Strong 5:45-6:45 p.m.</td>
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### Sports*Com

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<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
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<th>THURSDAY</th>
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<th>SATURDAY</th>
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<tbody>
<tr>
<td>Yoga 7:30-8:30 p.m.</td>
<td>Yoga 7:30-8:30 a.m.</td>
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<tr>
<td>Zumba® 8:15-9:15 a.m.</td>
<td>Zumba® 8:15-9:15 a.m.</td>
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<tr>
<td>Retrofit 9:20-10:05 a.m.</td>
<td>Total Body 9:15-10:15 a.m.</td>
<td>Retrofit 9:20-10:05 a.m.</td>
<td>Total Body 9:15-10:15 a.m.</td>
<td>RetroFit 9:20-10:05 a.m.</td>
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<tr>
<td>Back to Basics 10:00-10:45 a.m.</td>
<td>Tai Chi 10:30-11:15 a.m.</td>
<td>Back to Basics 10:00-10:45 a.m.</td>
<td>Tai Chi 10:30-11:15 a.m.</td>
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<tr>
<td>Yoga 5:30-6:30 p.m.</td>
<td>Yoga 5:30-6:30 p.m.</td>
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<td>Tabata Core 6:00-6:45 p.m.</td>
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### Senior Medicare-Related Fitness Programs
We proudly partner with several health insurance fitness programs to give enrolled individuals facility passes to both Sports*Com and Patterson Park. These plans are available through many insurance companies’ Medicare Advantage and other supplement plans. If you are already enrolled in one of these programs through your insurance plan, you may register for a facility pass at either Sports*Com or Patterson Park. If you are unsure, or wish to enroll in one of these programs, please contact your insurance company to find which program is available for you and how you may enroll.

### Fitness Assessments
This is a 45-minute test measuring cardiovascular fitness, muscle strength, flexibility and body fat percentage. Call in advance to schedule your appointment. Patterson Park Community Center: 615-893-7439

### Cholesterol Testing
This is a blood lipid panel test performed by an off-site lab (Quest Laboratories). Purchase of this test is available ONLY at Sports*Com.

### Number of one-hour sessions / Fee

<table>
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<tr>
<th>Number</th>
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Find us on Facebook

Murfreesboro Parks and Recreation
Cannonsburgh Village
Outdoor Murfreesboro
City of Murfreesboro – Bradley Academy Museum
McFadden Community Center, Murfreesboro
The Washington Theatre Murfreesboro
Cultural Arts Murfreesboro
Murfreesboro Patterson Park
Sports Com Murfreesboro
Murfreesboro Athletics
The Better Boro Project
Murfreesboro Greenway
Miracle Field of Murfreesboro
St Clair Street Senior Center

Scan this code with your smartphone camera for a list of links to all of our social media.

Calendar of Programs and Events

Murfreesboro Parks & Recreation Website

www.MurfreesboroParks.com
615-890-5333