

# "SAFER-AT-HOME" INITIAL REOPENING GUIDE



CITY OF MURFREESBORO, TENNESSEE

APRIL 28, 2020 ISSUE DATE  
APRIL 30, 2020 AMENDED



# City of Murfreesboro

## “Safer at Home” Initial Reopening Guide

The City of Murfreesboro’s initial reopening guidelines for each business type will be based upon the directives issued by the State of Tennessee Governor’s “Tennessee Pledge” Guidelines for Opening Tennessee Businesses ([https://www.tn.gov/content/dam/tn/governoroffice-documents/covid-19-assets/Pledge\\_General.pdf](https://www.tn.gov/content/dam/tn/governoroffice-documents/covid-19-assets/Pledge_General.pdf)). The State of Tennessee, not the City of Murfreesboro, has the authority to determine opening dates of certain business types.

As of the issuance date of the City of Murfreesboro’s reopening guidelines, the City offers the following summary of guidance provided by the Governor’s office, as prescribed in the “Tennessee Pledge” and per the Governor’s daily briefings through April 30<sup>th</sup>.

- The following business types are approved for reopening and been provided guidelines. The City of Murfreesboro guidelines are consistent with the State of Tennessee guidelines for:
  - **Restaurants** (reopening April 27, 2020)
  - **Retail Establishments** (reopening April 29, 2020)
  - **Gyms and Fitness Centers** (reopening May 1, 2020)
  - **Close Contact Businesses (such as Hair and Nail Salons, Tattoo Parlors and Massage Therapy Clinics,** reopening May 6, 2020)
- **Healthcare Clinics, excluding Dental Offices,** can be reopened, but have not been given specific State of Tennessee guidelines
- **Churches** were provided limited guidance. Religious services, rites, or gatherings; weddings, and funerals are not considered social gatherings, and nothing mandates closure of a place of worship, or prohibits weddings or funerals as a matter of law. However, places of worship are strongly encouraged to continue to utilize virtual or online services and gatherings and strongly encouraged to follow Guidelines to be issued by the Governor’s Office of Faith-Based and Community Initiatives regarding any in-person services that can be conducted safely. Further, it is strongly encouraged that the public celebration component of weddings and funerals be postponed or attended only by close family members.
- **Social gatherings** of ten (10) or more remain prohibited.
- **Dental Offices, Bars, Taverns, Saloons and Nightclubs** will not be reopened at this time.

**When each business type is recommended to be reopened, and the associated guidelines are issued by the State of Tennessee, the City will update its guidelines to reflect those of the State’s as soon as possible when they are issued.**

Other noteworthy components of the City’s initial reopening plan are as follows:

- **Childcare** has not been identified as a category in the City’s reopening plan. Childcare facilities shall stay in compliance with the following regulations and guidelines:
  - The Tennessee Department of Human Services regulations specific to COVID-19: <https://www.tn.gov/humanservices.html>
  - CDC guidance for childcare: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html>
- **Manufacturing and warehousing** are not expected to be addressed; therefore, the City would expect these facilities to self-determine when to reopen.
- The City’s **Parks and Recreation** plan will follow a phased approach for each facility as defined in these guidelines. (Phase 1 reopening May 4, 2020)

The City Council appreciates all residents being socially responsible during this time. We look forward to getting back to business again and affording our workforce the opportunity to earn the income they have been accustomed to in the past. Let’s take good care of each other during this transition reopening period.



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All Residents	Restaurants and Food Service Establishments	Retail and Commercial Stores	Gym and Fitness Centers
<ul style="list-style-type: none"> <li>• Continue to follow CDC guidance, especially with respect to face coverings.</li> <li>• Practice good hygiene.</li> <li>• Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces.</li> <li>• If you feel sick, stay at home and contact and/or follow the advice of your medical provider.</li> <li>• All vulnerable individuals should continue to shelter in place. Members of households with vulnerable individuals should continue to isolate.</li> <li>• All individuals should maximize physical distance from others when in public.</li> <li>• Avoid socializing in groups of more than 10 where distancing isn't practical or observe precautionary measures.</li> <li>• Minimize non-essential travel and adhere to CDC guidelines regarding isolation following travel</li> </ul>	<ul style="list-style-type: none"> <li>• Limitation of customers to 50% of seating capacity</li> <li>• Face coverings and gloves worn by employees</li> <li>• Temperature check of employees prior to work shift</li> <li>• Access to wash stations and hand sanitizer for customers</li> <li>• Regular access to and mandated staff use of wash stations and hand sanitizer</li> <li>• Servers do not take payments or bus tables</li> <li>• Discourage cash payments</li> <li>• No live entertainment</li> <li>• Mark indoor and outdoor waiting area to accommodate social distancing</li> <li>• Tables should be at least six feet apart; limit tables to no more than 6 guests per table</li> <li>• Consider disposable menus</li> <li>• Continue offer of off-premises food and beverage service and use of curbside or pickup orders where possible</li> </ul>	<ul style="list-style-type: none"> <li>• Temperature check of employees prior to work shift; prohibit congregating in break rooms</li> <li>• Limit customers to 50% or less of store occupancy based on Tennessee’s Building and Fire Code</li> <li>• Hand sanitizers for employees and customers; mandate staff use of wash stations</li> <li>• Establish one-way aisles and traffic patterns for social distancing</li> <li>• Use of facing coverings and gloves by staff with close contact with customers</li> <li>• Discourage cash payments</li> <li>• Reduce staffing levels to minimum necessary</li> <li>• Engage suppliers in the reopening plan and share your shipping/receiving practices</li> <li>• Place an employee at the front door to assist with special accommodations</li> <li>• Monitor customer social distancing</li> <li>• Limit access to one person per group/family</li> <li>• Use disposable or one-time use items where appropriate.</li> <li>• Continue use of curbside or pickup orders where possible</li> <li>• Prop doors open to reduce contact and increase ventilation</li> </ul>	<ul style="list-style-type: none"> <li>• Limit customers to 50% occupancy based on Tennessee’s Building &amp; Fire Code</li> <li>• Restrict facility access to staffed hours only</li> <li>• Equipment should be staged to ensure a minimum of 6 ft between users</li> <li>• Ample soap, hand sanitizer, and cleaning wipes should be provided for patrons, with encouragement to clean equipment before and after usage. Staff to conduct regular disinfecting of high-touch areas and common areas using disinfectant cleaning supplies according to CDC guidelines</li> <li>• Close showers, locker rooms, and lockers. Allow customers to use small gym bags to store personal belongings</li> <li>• Close all swimming pools, hot tubs, saunas and other recreational water or spa facilities</li> <li>• Close all basketball, racquetball courts where team sports may occur</li> <li>• Adult/youth leagues or sports remain closed</li> <li>• Group fitness classes or personal training classes only allowed in accordance with the 6 ft distance requirement</li> <li>• Encourage employees and patrons to wear PPE; recommend patrons wear face coverings</li> </ul>

Note: All businesses reopening are encouraged to post CDC guidelines and communicate to clientele that your business is adhering to best practices in cleaning and social distancing.



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## Close contact Services (Nail & Hair Salons, Massage Therapy, Tattoo Parlors)

- Limit customers to 50% occupancy based on Tennessee’s Building & Fire Code
- Services will be offered by appointment only; no walk-ins
- Make appropriate physical modifications to accommodate social distancing
- Workstations should be at least 6 feet apart, physical barriers to be used where necessary
- Prohibit use of waiting areas or serenity lounges; limit use of other common areas by multiple people at one time
- Ensure thorough workstation and equipment disinfection after each customer (i.e. sanitize all equipment, instruments, smocks, linens, chairs and work area); alternatively, utilize single-use or disposable items
- Implement enhanced sanitization of commonly touched surfaces and equipment using CDC recommended sanitizers and disinfecting protocols
- Discard any single-use tools (e.g., files, buffers, neck strips) immediately after use
- Daily deep cleaning and sanitization to be completed for high-touch areas (tanning beds, massage tables, salon chairs, etc.)
- Use appropriate temperatures for washers and dryers to ensure thorough sanitization of towels, linens, etc.
- Do not allow non-customer companions to accompany customer during a service
- Do not allow group or communal settings for close contact personal services

Note: All businesses reopening are encouraged to post CDC guidelines and communicate to clientele that your business is adhering to best practices in cleaning and social distancing.



# City of Murfreesboro “Safer at Home” Initial Reopening Guide

## City of Murfreesboro Parks and Recreation Phased Reopening Plan

FACILITY	PHASE I	PHASE II	PHASE III
Greenways, Trails, Open Spaces	Open	Open	Open
Sports*Com & Patterson	Limited closure: facility open to accommodate specific limited activities that allow physical distancing and sanitation protocols. Racquetball courts closed. Pools closed. Water fountains and coffee stations closed. Locker rooms closed. No open gym/swim/game room. No rentals or special event	Open with strict physical distancing and sanitation protocols	Open for normal business with increased sanitation protocols and handwashing opportunities.
Adams Tennis Complex	Strict physical distancing and sanitation protocols: Water fountains and coffee stations closed. Locker rooms closed. Open for play, but limit common areas, spectator areas	Strict physical distancing and sanitation protocols: Open for play, but limit common areas, spectator areas	Open for normal business with increased sanitation protocols and handwashing opportunities.
McFadden	Limited closure: facility open to accommodate specific limited activities that allow physical distancing and sanitation protocols. Water fountains closed. No open gym. No rentals or special events.	Open for normal business with strict sanitizing procedures in place and moderate physical distancing protocols.	Open for normal business with increased opportunities for personal hygiene.
St Clair	Closed - Staff recalled to assist with programs and operations at other facilities	Closed - Staff report to St Clair for cleaning and preparation for reopening	Open for normal business with strict sanitizing procedures in place and moderate physical distancing protocols.
Bradley, Cannonsburgh, & Wilderness Station	Limited closure: facility open to accommodate specific limited activities that allow physical distancing and sanitation protocols. Water fountains closed. No rentals or special events.	Open for normal business with strict sanitizing procedures in place and moderate physical distancing protocols.	Open for normal business with increased opportunities for personal hygiene.



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FACILITY	PHASE I	PHASE II	PHASE III
Sports Complexes	Closed to organized activities	Open only for programmed activities that are appropriately socially distanced. Number of games allowed at one time limited. Strict sanitizing procedures in place. No tournaments allowed.	Open for normal business with strict sanitizing procedures in place and moderate physical distancing protocols.
Playgrounds	Closed	Open for normal business with strict sanitizing procedures in place and moderate physical distancing protocols.	Open for normal business with increased opportunities for personal hygiene.
Pavilions	Closed	Open only for groups of 50 or less that are appropriately socially distanced. Strict sanitizing procedures in place.	Open for normal business with increased opportunities for personal hygiene.
Outdoor Public Restrooms	Open with strict sanitizing procedures	Open with strict sanitizing procedures	Open with strict sanitizing procedures
Dog Parks	Closed	Open for normal business with strict sanitizing procedures in place and moderate physical distancing protocols.	Open for normal business with increased opportunities for personal hygiene.



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## Record of Revisions/Amendments to Reopening Guide

- April 30, 2020** - **Close contact services** such as Nail and Hair Salons, Tattoo Parlors, Massage Therapy Clinics reopening information in the prelude and addition of guidelines for these business types (reopening May 6, 2020)
- Updated **Parks and Recreation** phased reopening plan (Phase 1 reopening May 4, 2020)